

Lessons from the Pandemic

Lesson 3: Quarantined – Gen. 2:18 – not good for man to be alone

A. **Problem** Gen. 2:18a - ... not good for man to be alone.

B. **Solution** Gen. 2:18b – make him a helper

C. **Result** – end of aloneness – Gen. 2:24 ...they became one

What: The “very good” God saw in Gen. 2 – they became one flesh...both naked and not ashamed

Digging Deeper:

- Became one – $1 + 1 = 1$ (3)
- Condition Gen. 2:16 Eat of any tree but...die
- God saw Gen. 3:7 Eyes opened – saw naked – covered

Story of Shame

- Birth place – sin
- Who – painful emotion caused by distrust
- Self-cure = self cover up – fig leaves
- The Cure – God doing I Pet. 4:8 Most important of all, continue to show deep love for each other, for love covers a multitude of sins. I Cor. 13:5 Love....thinks no evil

App: picture of the relationship between Christ & The Church (bride)

Take Away: How to avoid quarantine (being ashamed) aloneness

1. Be perfect in a relationship
2. Be in love (Agape) in a relationship
3. The Agape Love in a relationship allows you to be imperfect but not fear you will be condemned or shamed.
4. Live FREE - naked (exposed) & not ashamed (no fear of rejection)

THAT IS VERY GOOD!!